

2025 GSAA LIFTING SEASON

1 Interstate open
8th Feb

2 Interstate open
8th Mar

WKSF OCEANIA CUP
29th-30th Mar

Melbourne

3 Interstate open
3rd May

4 Interstate open
31st May

5 Interstate open
28th Jun

6 Interstate open
26th Jul

STATE OF ORIGIN
16th Aug

no video
submission

NATIONALS
19th-21st Sep

TBC

IUKL OCEANIA CUP
29th Nov

ALBURY

