



American Kettlebell Alliance Inc.
USA Nonprofit Kettlebell Organization
Exclusive USA Representative of IUKL (International Union of Kettlebell Lifting)
ID# 453535248 File# 5144260

RATIFIED by IUKL 1st Vice-President
_____ **Igor Solodov**

**Confirmed with USA main IUKL Representative and
American Kettlebell Alliance President:**

_____ **Yuri Petunov**

RULES and REGULATION OF IUKL USA World Cup 2014

Goals & Objectives

- Development of Girevoy Sport
- Strengthening friendship between nations & building strong cooperation in sport
- Development of sport mastership, exchange of experience, establishing strongest athletes between juniors, adults and seniors in Girevoy Sport
- Sport is for healthy living & without age limits!

Terms and venues:

Championship venue:

Dates: September 18-20, 2014

Date of arrival and registration of participants: September 18th, 2014

**Weighing and toss-up: snatch, jerk, Long cycle
(Men, Women) – September 18th, 2013 from 7pm. - 9pm.**

The beginning of competitions: September 20th, 2013 at 10.00am.,



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Date of handing out of reports and departure of participants: September 20th, 2014

3. Management of competition.

Organizational Committee of Championship:

American Kettlebell Alliance Inc. (AKA) together with IUKL (International Union of Kettlebell Lifting) , Mr. Olympia LLC, Health Factory LLC and IKSFA.

**AKA President –Yuri Petunovs (AKA/IUKL)
Secretary- Alexander Bodrov (AKA)
Head Judge - Serhiy Hetmanenko (AKA)
Second Judge- Aleksandr Khasin (IKSFA)
Contact: Yuri Petunov: Cell: +1-203-572-3959
E-mail: YP@AKA-SPORT.ORG**

Disciplines:

**The Championship is for individual athletes will be held in categories:
- - Professionals (men - weights of 32 kg, women - weights of 24 kg);**

Kettlebell weight:

Men: Professionals - 32 kg.

Women: Professionals - 24 kg,

Competitive varieties.

For men: classical biathlon; long cycle, team relay race (in classic «short» jerk).

For women: snatch.



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Weight categories

Men: up to 63 kg; up to 73 kg; up to 85 kg.; 85+ kg
Women; up to 63 kg; 63 + kg

This Championship is conducted under the rules of AKA and IUKL with amendments & changes valid in effect as of the day of the competition.

Winners will be determined by summing up of points in disciplines.

Points count:

Jerk -1 point

Snatch- 0.5 point

Long Cycle -1 point

In Biathlon – total result is sum of points of jerk & snatch.

1st place will be awarded with a Trophy, medals & certificates.
2nd and 3rd places will be awarded with medals & certificates.

8. Championship program:

September 18th, 2014:

Arrival of participants

5.00pm - 6.00pm - credentials committee.

6:00pm - 7:00pm - meeting of representatives and judges.

7.00pm - 9.00pm - weighing of participants.

September 19th, 2014

10:00 am - Tournament opening ceremony.

11.00 am - 3.30pm - performance of participants.

3.30 pm - 4.30pm - technical break, result summary..

5.00pm - Awards ceremony and closing of competitions.

September: 20st, 2014

10.00am – handing out of reports of competitions, official extracts from reports of competitions, registration of travelling documents, participant's departure.



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9. Applications.

Any additional information, consultation and explanation can be obtained by contacting the following:

IUKL USA main representative:

Yuri Petunov – phone (203) 572-3959

E-mail: yp@aka-sport.org

IUKL USA secondary representative:

Alexander Bodrov – phone (203) 945-6044

E-mail: yourbestpt@gmail.com

Application forms for participation in championship can be submitted via e-mail to yp@aka-sport.org

**This document constitutes an official invitation to the:
IUKL USA WORLD CUP 2014**



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The legal (juridical) address: Seijas str. 1d, Rīga, Latvia, LV-3264
 Юридический адрес: Ян. Гентракалд, Рига, Латвия, LV-3264
 www.gri-iukl.com

Secretary general of IUKL Vasily Ginko - Гене́ральный секре́тарь МСГК - Василий Гинко,
 e-mail: vasilis.ginko@vgt.lv, phone:(+371) 26398120, fax:(+371) 3668850,

APPLICATION FOR PARTICIPATION IN THE OFFICIAL TOURNAMENT OF IUKL

Official championship name: IUKL USA WORLD CUP 2014

Las Vegas , NV at Mr.Olympia.

Championship dates : September 18-23,2014

Venue: Las Vegas Convention Center
3150 Paradise Road, Las Vegas, Nevada 89109
USA

Personal data of sportsmen: (SAMPLE)

<i>Country</i>	<i>Organization</i>	<i>Name, Surname</i>	<i>Year of a birth</i>	<i>Sports category</i>	<i>Weight category</i>	<i>Notes</i>
<i>USA</i>	<i>Lockout Kettlebells</i>	<i>Chris Duffey</i>	<i>1966</i>	<i>---</i>	<i>-105kg</i>	<i>24kg Biathlon</i>
<i>USA</i>	<i>Lockout Kettlebells</i>	<i>Scott Tighe</i>	<i>1985</i>	<i>Master of Sport</i>	<i>73+kg</i>	<i>32kg Biathlon</i>